

**“EVIDENCED-BASED TREATMENTS FOR POST-TRAUMATIC STRESS DISORDER...AN OVERVIEW”
(A110)**

Videoconference Webcast

Original Broadcast Date: September 16, 2015

Quiz for General CEUs, CADAC, NBCC, Psychologist, and Social Work/LPC/LMFT
Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the videoconference webcast listed above. In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CEU) on the next page. Please note: A passing score of 80% or above is required to receive CEUs. After finishing, sign as indicated on the second page and return both forms by mail to:

**Nancy Mundy
OERP/WPH
3811 O’Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213**

TRUE/FALSE – Please indicate whether the statement below is true or false.

1. Psychological debriefing is recommended in the immediate aftermath of trauma.
TRUE/FALSE
2. Learning about a trauma that happens to a loved one can cause PTSD.
TRUE/FALSE
3. A diagnosis of PTSD can be given if symptoms are present 2 weeks after the traumatic event.
TRUE/FALSE
4. Seeking Safety is an integrated approach to the treatment of individuals with PTSD and substance use disorders.
TRUE/FASE
5. Prolonged Exposure Therapy does not include in-vivo exposure to real life feared situations.
TRUE/FALSE
6. Individuals with chronic PTSD often get better without treatment.
TRUE/FALSE
7. Over half of individuals exposed to a traumatic event will develop PTSD.
TRUE/FALSE
8. It is important to address high suicide risk before beginning trauma-focused therapy.
TRUE/FASE

9. There is insufficient evidence to support the use of early intervention with brief CBT to prevent PTSD.
TRUE/FALSE
10. Homework assignments are an important part of prolonged exposure therapy.
TRUE/FALSE
11. The type and severity of trauma does not affect the likelihood of developing PTSD.
TRUE/FALSE
12. Seeking Safety focuses on processing the trauma memory.
TRUE/FALSE

After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: <https://www.surveymonkey.com/r/t303>

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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR
General CEUs, CADC, NBCC, Psychologists, and
Social Work/LPC/LMFT (2.0 CREDIT HOURS)**

INSTRUCTIONS: In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. Return with payment to:

Nancy Mundy
OERP/WPH
3811 O’Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference webcast indicated above:

Signature

Date Completed

PLEASE PRINT CLEARLY:

Social Security Number (last five digits only)

Mailing Address

Name

City

State

Zip Code

Phone #

Email address

TYPE OF CREDIT: *Please Indicate Your Certification Needs*

<input type="checkbox"/> CADC: Certified Alcohol and Drug Counselor
<input type="checkbox"/> CEU: General Continuing Education Credit
<input type="checkbox"/> NCC: National Certified Counselors
<input type="checkbox"/> Psychologist
<input type="checkbox"/> SW/LPC/LMFT: Social Work (LCSW, LSW)

PAYMENT ENCLOSED:

\$30

Check # _____ (Check payable to OERP/WPIC)

Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via email. If you have any questions, contact Nancy Mundy at mundynl@upmc.edu or 412-204-9090.