

“BRIEF INTERVENTIONS” (A133)

Videoconference Webcast

Original Broadcast Date: March 22, 2017

Quiz for General CEUs, CADC, NBCC, Psychologist, and Social Work/LPC/LMFT Continuing Education Credit
(2.0 credit hours)

DIRECTIONS: Complete this test after viewing the videoconference webcast listed above. In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CEU) on the next page. Please note: A passing score of 80% or above is required to receive CEUs. After finishing, sign as indicated on the second page and return both forms by mail to:

**Nancy Mundy
WPIC/OERP
3811 O’Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213**

TRUE/FALSE – Please indicate whether the statement below is true or false.

1. Motivational techniques can be useful in exploring ambivalence about moving on after a loss.
2. A common cause of noncompliance/non-adherence is the tendency to value immediate comfort more than long-term health.
3. If a patient finds himself behaving in a way that seems irrational to him, identifying and explaining the defense mechanisms that underlie this irrational behavior can help him to feel more in control.
4. The following behaviors are typical of patients with narcissistic personality traits: fears abandonment, impulsive, self-injurious behavior, prone to rage and near-psychosis, affective lability, unstable and intense relationships, cannot appreciate ambiguity or uncertainty, tends to split staff.
5. A patient’s behaviors almost always make sense if one understands his/her circumstances, personality, defense mechanisms, and past experiences.
6. It is best to be secretive with patients, not fully disclosing your hypothesis about why they are having difficulty functioning.
7. Intellectualization is a typical defense mechanism used by patients with obsessive personality traits.
8. Patients who use the defense mechanism of splitting tend to experience themselves and others as either all good or all bad.
9. Simply paying attention to the patient/provider relationship and using it to improve patient comfort cannot be considered psychotherapy.
10. With appropriate psychotherapeutic intervention, demoralization often improves faster than biologic depression does.

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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR
General CEUs, CADC, NBCC, Psychologists, and
Social Work/LPC/LMFT (2.0 CREDIT HOURS)**

INSTRUCTIONS: In order for Western Psychiatric Institute and Clinic to record the credit you earn by viewing this program, we request that you follow the directions below:

1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. Return with payment to:

**Nancy Mundy
WPIC/OERP
3811 O’Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213**

I hereby affirm that I viewed the videoconference webcast indicated above:

Signature **Date Completed**

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TYPE OF CREDIT: *Please Indicate Your Certification Needs*

<input type="checkbox"/> CEU: General Continuing Education Credit	<input type="checkbox"/> CADC: Certified Alcohol and Drug Counselor
<input type="checkbox"/> NCC: National Certified Counselors	<input type="checkbox"/> Psychologist
<input type="checkbox"/> SW/LPC/LMFT: Social Work (LCSW, MSW)	

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\$30

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Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via mail. If you have any questions, contact Nancy Mundy at mundynl@upmc.edu or 412-204-9090.