

“SOMATIC SYMPTOM AND RELATED DISORDERS AND DECEPTION SYNDROMES” (A335)

Videoconference Webcast

Original Broadcast Date: April 25, 2018

Quiz for General CEUs, CADC, NBCC, Psychologist, and Social Work/LPC/LMFT
Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the videoconference webcast listed above. In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CEU) on the next page. Please note: A passing score of 80% or above is required to receive CEUs. After finishing, sign as indicated on the second page and return both forms by mail to:

**Nancy Mundy
OERP/WPH
3811 O’Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213**

Please answer the TRUE/FALSE or multiple choice questions

1. All somatic symptom and related disorder require that medical illness be ruled out in order to be diagnosed. TRUE/FALSE
2. One can diagnose somatic symptom disorder even if the patient has only one symptom. TRUE/FALSE
3. Patients with somatic symptom disorder could have been diagnosed with the following DSM-IV-TR diagnoses:
 - a. Somatization disorder
 - b. Somatoform pain disorder
 - c. Undifferentiated somatoform disorder
 - d. All of the above
4. Antidepressant medications can sometimes decrease neuropathic pain. TRUE/FALSE
5. For patients with somatic symptom disorder, cognitive behavioral therapy has been found to:
 - a. Improve function
 - b. Relieve psychological distress
 - c. Decrease care utilization
 - d. All of the above
6. In illness anxiety disorder, the patient experiences distressing physical symptoms. TRUE/FALSE
7. One must prove that a patient's functional neurological symptoms are unconscious in order to diagnose conversion disorder. TRUE/FALSE

8. Patients with conversion disorder have been found to have changes in their brains on neuroimaging studies. TRUE/FALSE
9. Patients with conversion disorder often have the following physiologic changes:
 - a. tachycardia
 - b. increased heart rate variability
 - c. higher basal cortisol level
 - d. orthostatic hypotension
10. Which strategy can be used to help patients with conversion disorder?
 - a. Tell patients that you believe that their symptoms are real to them.
 - b. Tell patients to just snap out of it.
 - c. Confront patients with their fluctuating behavior.
 - d. Tell patients that their prognosis is poor.
11. Which kind of therapy for conversion disorder has the most evidence for efficacy?
 - a. Psychodynamic psychotherapy
 - b. Cognitive behavioral therapy
 - c. Dialectical behavioral therapy
 - d. Hypnosis
12. Which of the following are common clinical findings of patients with factitious disorder?
 - a. Excellent prognosis
 - b. Desire diagnostic testing
 - c. Avoid coming to the doctor
 - d. Are seeking external benefits

After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: <https://www.surveymonkey.com/r/t335-VC>

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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR General
CEUs, CADC, NBCC, Psychologists, and
Social Work/LPC/LMFT (2.0 CREDIT HOURS)**

INSTRUCTIONS: In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. Return with payment to:

Nancy Mundy
OERP/WPH
3811 O’Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference webcast indicated above:

Signature

Date Completed

PLEASE PRINT CLEARLY:

Social Security Number (last five digits only)

Mailing Address

Name

City

State

Zip Code

Phone #

Email address

TYPE OF CREDIT: *Please Indicate Your Certification Needs*

<input type="checkbox"/> CADC: Certified Alcohol and Drug Counselor
<input type="checkbox"/> CEU: General Continuing Education Credit
<input type="checkbox"/> NCC: National Certified Counselors
<input type="checkbox"/> Psychologist
<input type="checkbox"/> SW/LPC/LMFT: Social Work (LCSW, LSW)

PAYMENT ENCLOSED:

- \$30
- Check # _____ (Check payable to OERP/WPH)

Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via email. If you have any questions, contact Nancy Mundy at mundynl@upmc.edu or 412-204-9090.

Continuing Education Credit

Each program is offered for the designated number of continuing education credits

CERTIFIED ADDICTION COUNSELORS: CADC

Western Psychiatric Hospital, Office of Educational Resources and Planning is certified by the Pennsylvania Chemical Abuse Certification Board (PCACB) to provide Certified Alcohol and Drug Counselor (CADC) continuing education credits for those participants attending the entire program. This program is being offered for 2.0 continuing education credits.



COUNSELORS: NCC

Western Psychiatric Hospital is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. UPMC Western Psychiatric Hospital is solely responsible for all aspects of the program. This program is being offered for 2.0 continuing education credits.



PSYCHOLOGISTS

UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for 2.0 continuing education credits.

LICENSED/CLINICAL SOCIAL WORKERS, LICENSED PROFESSIONAL COUNSELORS, LICENSED MARRIAGE AND FAMILY THERAPISTS: LSW/LCSW/LPC/LMFT

This program is offered for 2.0 hours of social work continuing education provided through UPMC Western Psychiatric Hospital's Office of Educational Resources and Planning, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. This program is being offered for 2.0 continuing education credits. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For more information, call (412) 204-9085.

MENTAL HEALTH PROFESSIONALS: CEU

Nurses and other health care professionals are awarded .2 of Continuing Education Units (CEU). One CEU is equal to 10 contact hours. Nurses: For attendance at this program you will receive a Certificate of Attendance confirming the indicated hours of continuing education. These hours may be considered eligible in completing the 30 hours of continuing education required for bi-annual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.