

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC
HOSPITAL

“Pint Size Pharmacotherapy: Principles of Psychotropic Use in Pediatrics” (A369)

Archived Webcast Training

Original Broadcast Date: February 24, 2021

Quiz for General CEUs, NBCC, Psychologist, and Social Work/LPC/LMFT

Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the webcast listed above. In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CE) on the next page. Please note: A passing score of 80% or above is required to receive CE. After finishing, sign as indicated on the second page and return both forms by e-mail to: **Nancy Mundy at mundnl@upmc.edu.**

Please pay for the CE credit at the link below. If you have any questions, please contact Nancy Mundy.

Multiple Choice and True/False Test Questions

1. Stimulant agents are the first-line for the treatment of ADHD in children aged:
 - a. 4 to 18 years old
 - b. 6 to 18 years old
 - c. 12 to 18 years old
 - d. 4 to 12 years old
2. Which statement is true regarding the boxed warning on all antidepressants?
 - a. The boxed warning applies to children and adolescents up to 18 years old
 - b. The boxed warning is only on some antidepressants
 - c. The boxed warning is due to an increased risk of suicidal thinking/behavior
 - d. The boxed warning is due to increased risk of suicidal thinking/behavior leading to completed suicides
3. Which answer best describes why Depakote ER is not recommended in children <10 years old?
 - a. Children < 10 will have higher clearance of Depakote ER than adults
 - b. Children < 10 were not included in studies of Depakote ER
 - c. Children < 10 are at risk of fatal hepatotoxicity when using Depakote ER formulation
 - d. Children < 10 are at continued risk of teratogenic effects when using Depakote ER
4. What do DMDD, RAD, DSED, ODD, and CD have in common?
 - a. Onset in adulthood
 - b. Symptoms only occur acutely
 - c. Always require pharmacotherapy for treatment
 - d. Pharmacotherapy can be used for symptom improvement but is not curative

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5. All second-generation antipsychotics carry some metabolic risk including weight gain. **T/F**
6. Antipsychotics may have a role in the treatment of pediatric patients with the following conditions:
 - a. Early onset schizophrenia
 - b. Acute mania
 - c. Irritability due to autism spectrum disorder
 - d. All of the above
7. Herbals and supplements do not require a prescription to purchase and therefore are safe to use. **T/F**
8. Which of the following medication classes has FDA-approved agents for autism spectrum disorder?
 - a. Antidepressants
 - b. Benzodiazepines
 - c. Antipsychotics
 - d. Stimulants
9. What symptom is risperidone and aripiprazole approved to treat for autism spectrum disorder per the FDA?
 - a. Depression
 - b. Irritability
 - c. Social deficits
 - d. Catatonia
10. Complementary and alternative medicine includes which of the following:
 - a. Herbals
 - b. Meditation
 - c. Acupuncture
 - d. All of the above
11. Medical marijuana can increase risks of which of the following in teenagers:
 - a. Psychosis
 - b. Depression
 - c. Substance-use disorder
 - d. All of the above
12. The KIDs list is a useful resource that describes
 - a. Potentially inappropriate drugs in pediatrics
 - b. How to diagnose depression in kids
 - c. Where to purchase pediatric sized prescriptions
 - d. Flavoring options for medications

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APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR General CEUs, NBCC, Psychologists, and Social Work/LPC/LMFT (2.0 CREDIT HOURS)

INSTRUCTIONS: In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

1. Print your name and email address below.
2. Sign the statement affirming your attendance at the session.
3. Pay online at the link below.
4. Return documents via e-mail to Nancy Mundy at mundnl@upmc.edu.

If your score is 80% or above, you will receive a certificate via email. If you have any questions, contact Nancy Mundy at mundnl@upmc.edu.

I hereby affirm that I viewed the webcast training indicated above:

Signature

Date Completed

PLEASE PRINT CLEARLY:

Name

Email address

Phone #

TYPE OF CREDIT: Please Indicate Your Certification Needs

<input type="checkbox"/> CEU: General Continuing Education Credit
<input type="checkbox"/> NCC: National Certified Counselors
<input type="checkbox"/> Psychologist
<input type="checkbox"/> Social Work (LPC/LMFT/LCSW, LSW)

PAYMENT:

\$30 (to pay online, please go to: [Education and Consultative Services of Western Psychiatric Hospital Webcast or Replacement Certificate Payment \(UPMC and Non-UPMC Professionals\) | UPMC - Center for Continuing Education in the Health Sciences](#))

1. You will have to log in or create an account
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Psychologists

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 2.0 continuing education credits.

Counselors

Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 2.0 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 2.0 continuing education credits.

Other Healthcare Professionals

Nurses and other health care professionals are awarded .20 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming .20 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.