

Presentation Form

Webinar Title: Considerations in Therapy with People Who Have Weight Loss Surgery Before and After Surgery

Webinar Date: March 11, 2020

Presenter Bio

Casie Probst, NCC, LPC
Behavioral Health Therapist II
UPMC Center for Eating Disorders
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Behavioral Health Therapist II at UPMC Center for Eating Disorders (Outpatient); I evaluate potential surgical candidates at UPMC Magee-Womens Hospital's Bariatric Surgery Center for psychiatrist stability and surgical readiness as well as facilitate support groups for post-operative patients. Additionally, I see patients seeking individual sessions for eating disorder treatment at the Center for Eating Disorders at Bellefield Towers. Currently, I am serving as the co-chair for Western Psychiatric Hospital's MAGNET Employee Engagement Committee as well as the President Elect of the Greater Pittsburgh Counseling Association.

Name and Narrative Description of your Presentation

Introductory

Therapy Considerations for Individuals Seeking and Undergoing Weight Loss Surgery

This training is designed to increase provider knowledge regarding the potential risks patients face when electing to undergo bariatric surgery. The presenter will provide an overview of different bariatric surgeries available to patients and psychiatric contraindications for those seeking surgery. Provider will review behavioral health risk factors associated with surgery as well as interventions to help reduce risk factors. Additionally, presenter will provide general information on how support can be provided from an integrated health approach.

Three (3) learning objectives

By the completion of this session, participants should be able to:

1. Identify psychiatric contraindications for bariatric surgery
2. Identify risks factors associated with bariatric surgery
3. Identify at least 3 ways in which providers can support bariatric surgery candidates and post-surgical patients

Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation

1. Dawes, A.J., Maggard-Gibbons, M., Maher, A.R. (2016). Mental health conditions among patients seeking and undergoing bariatric surgery: A meta-analysis. *JAMA*. 315(2),150-163.
2. Morgan, D.R., Ho, K.M., Platell, C. (2019). Incidence and determinants of mental health use after bariatric surgery. *JAMA Psychiatry*. 77(1), 60-67.
3. Parikh, M., Johnson, J., Ballem, N. (2016). Alcohol use before and after bariatric surgery. *American Society for Metabolic and Bariatric Surgery*. February.